



Who's Who in the NICU and beyond...

Having a premature baby is like being thrown into a "whole new world". Professionals come and go, and often we are only briefly introduced to them; it can be difficult to work out exactly who is who, and what each person does. The never ending stream of faces looking at, poking and prodding your baby can be overwhelming. And once your baby is discharged, it isn't necessarily all over. A different group of specialists and professionals now take over and it can be a challenge to fit life in amongst appointments with doctors, therapists and the like.

This issue of Austprem Ink takes a look at some of the different professionals and specialists you might meet during your prem journey, and what each may do with or for your child. Of course each baby is different and each professional works differently so your experience may differ slightly from what is presented here; don't be concerned. This is just a broad overview to give people some idea of Who's Who in the NICU and beyond...



Jarred (28 weeks) celebrating his first Christmas in the NICU.

Jarred was the winner of the Christmas Photo competition!

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Who's Who in the NICU and beyond...



Ambulance Officers -

"ambos" may be involved transferring the mother with baby in-utero

between hospitals and transferring babies from the tertiary hospital to one closer to home once they are stabilised and are closer to going home

Anaesthetist - could be needed for the mother during labour and delivery, or for the baby should any surgery be required.

"I saw the anaesthetist very briefly prior to emergency caesar for general anaesthetic"

Audiologist - conducts hearing tests. Often your baby will have a hearing test before s/he is discharged from hospital, or will need to have one soon after. Prems often have a number of the risk factors for hearing problems so it is important that hearing tests are completed. If your child is slow to speak or there are any concerns about hearing at any stage, they will be referred for a hearing test, even if previous tests have been okay.

"Sophie had her hearing checked prior to discharge, then again at 10 months corrected. Follow up scheduled at 2 1/2 - 3 years corrected."

Cardiologist - will check any heart problems that your baby may have. Common issues include PDA (patent ductus arteriosus) and heart murmurs. PDAs are usually resolved, either spontaneously, through drugs or surgery before the baby leaves hospital; murmurs are either "innocent" requiring no further care or can be a sign of a more significant problem requiring intervention and possibly ongoing care.

"Connor (33 weeks) saw a cardiologist for a suspected PDA. Fortunately Connor was cleared and no follow up"

Domiciliary Midwife - provides care and support for mother, baby and family in your home.

Endocrinologist - diagnoses and treats disorders of the glands, including hormones. These can range from diabetes to thyroid problems. Some prems see endocrinologists due to growth issues.

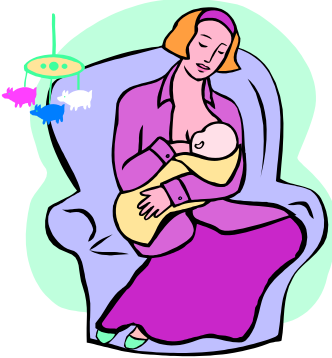
Gastroenterologist - these doctors diagnose and treat issues related to the digestive system (liver, stomach, oesophagus and intestines). Common prem problems requiring a gastroenterologist include NEC and reflux. Whilst NEC will be treated during the hospital stay, it can have long term implications. Reflux is very common in prems and can lead to ongoing feeding problems if it is not treated.

[An A - Z Guide to Who's Who in the NICU and beyond...](#)

GP - your family doctor will often be your first port of call when you are concerned about your baby. Often they will provide the various referrals to the other specialists your child might need, and some will help to co-ordinate procedures and the disseminating of results to the relevant people. Your paediatrician, or another specialist, may take on this role however.

Who's Who in the NICU and beyond...(Cont)

Lactation Consultant - usually a midwife who has done extra training to be able to help mothers to breastfeed their babies. Lactation Consultants can make a huge difference if you are struggling with supply or your baby is having trouble latching on, with positioning and any other feeding issues.



The **Australian Breastfeeding Association** also offers support from other mothers who have "been there", and although these mothers aren't usually nurses, they have practical experience and have been trained as counsellors to give breastfeeding advice.

"I had phone follow up at home during the first few months re expressing and trying to get breastfeeding established."

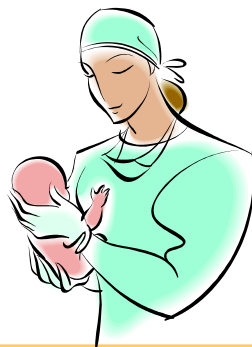
Maternal and Child Health Nurse/Early Childhood Nurse (titles vary between States) - this is a qualified nurse/midwife who has done extra studies to specialise in the growth and development of babies and children. The nurse weighs and measures your baby as well as doing developmental check ups at certain ages. The Child Health Nurse should watch out for issues with growth and development, and refer you on to other services or back to your GP or paediatrician if she thinks there

are any problems that need to be looked at. These Nurses also co-ordinate "new parents groups" where you get together with other families with babies of a similar age for a few weeks with the Nurse, and then often continue on meeting in people's homes. It may feel more appropriate to join a group based on your child's adjusted age, as your baby will be closer developmentally, rather than a group based on their age from birth.

Midwives - Midwives can be involved during your pregnancy, if you have chosen that type of care; and will be there for you during the labour and delivery of your baby and following the birth by helping you with your recovery. They may also help you to learn how to express breastmilk for your baby.

Neonatologist - is usually a paediatrician who specifically cares for "neonates" or babies needing expert medical care around the time of their birth. Generally your baby will only see a neonatologist while in hospital, but some do offer ongoing care for your baby as s/he continues to grow.

"I saw the neonatologist briefly prior to birth, then daily reports until discharge from hospital. Phone follow up and outpatient reviews at one month corrected and 5 months corrected. No paediatrician follow up required but neonatologist happy to refer if any issues come up later".



Nephrologist - specialises in kidney problems.

NETS Newborn Emergency Transfer Service (operates in some states) - transfers newly born babies from smaller hospitals to NICUs where necessary, also transfers babies between hospitals. Uses ambulances as well as helicopters to cover longer distances.

Neurologist - diagnoses and treats disorders of the brains, spinal cord, nerves and muscles. Most prems will have a head ultrasound at some point to check for bleeding to the brain. This may require long term follow up. Prems at risk of cerebral palsy may also see a neurologist.

NICU and SCU Nurses - NICU and SCN nurses take care of your newly born prem on a day to day basis. They will help you to learn to touch your baby, will organise the all important first cuddle and will feed and care for your baby during the hospital stay.

Obstetrician - Obstetricians are doctors who specialise in pregnancy, labour and delivery and are involved in many prem pregnancies. Even if you have been followed by midwives during your pregnancy, a pregnancy that looks like ending before 37 weeks gestation will usually be transferred to obstetric care. For those who are at a higher risk of delivering prematurely from the very beginning, or who have chosen this type of care, an obstetrician will have been involved from the start. If your baby arrives with little warning, or if you need to be transferred to a tertiary hospital (with a NICU) before the baby is born, the obstetrician previously involved in your pregnancy may not deliver at the hospital you are transferred to

Who's Who in the NICU and beyond...(Cont)

so you may have a different one.

"The obstetrician was involved pretty much from conception, monthly to fortnightly, birth and at 6 week post natal check up".

"My GP did all my antenatal check ups and was going to deliver my baby. When Michael decided to arrive at 31 weeks I was quickly transferred to a tertiary hospital and under the care of an OB".

Occupational Therapist - OTs generally look at fine motor and hand-eye co-ordination and general development, particularly in relation to self-care and the skills required for daily activities. Some prems have difficulty with "sensory integration" and OTs can help with these type of issues also.

"Sophie saw the OT for in hospital weekly reviews re positioning, handling, sensory integration and self comforting strategies."

"OT has been invaluable for Michael. They helped us teach him how to dress himself, gave him exercises to strengthen his hands so he could hold a pencil to write, and (what Michael considered most important!), took him out on the play equipment at school and helped him to feel more confident to use it all! Before that, he wouldn't go near it as he was too scared of falling, once he had been shown what to do and how he was much happier."

Ophthalmologist - specialises in eye problems. Early prems, especially those who are or have had oxygen support will be checked for ROP at regular intervals.

"as an inpatient the ophthalmologist monitored Sophie for ROP from about 30 weeks, fortnightly until discharge at term, then again at 12 months corrected as an outpatient (Sophie was only grade 0/1, frequency would increase if more severe and required laser surgery)".

Orthopaedic surgeon - is a surgeon who specialises in the musculoskeletal system (limbs, bones, muscles and joints).

Orthotist - makes orthotics (mechanical appliances) such as leg braces and splints to help support limb function. Children with low or high muscle tone in particular may need some type of orthotic. The orthotic can help support the foot/ankle/leg in an appropriate position, to enable the child to stand and perhaps walk.



Vincent (26 weeks, now 11 years) wearing his orthotic

Who's Who in the NICU and beyond...(Cont)

Paediatric Surgeon - these surgeons specialise in operating on children. They are commonly used for hernia repairs, or for undescended testes.

"Connor had inguinal hernias corrected in September. He has had ongoing consults since procedure as he has a large swelling of LHS testicle that is being monitored to see if there is still a connection with inguinal canal or if it is a hydrocele. His next appointment is in March, there is a possible chance of ongoing surgery".

Paediatrician - these doctors specialise in caring for children. Many prems will have ongoing care from a paediatrician, at least for the first year of their life.

"By the time Vincent was 3, we were seeing a physiotherapist, orthotist, occupational therapist and neurologist as well as attending the CP Clinic at the Hospital. I felt there that each of the specialists looked and cared at specific parts of Vincent, and no-one but me saw the whole child. We found a really great paediatrician who from that point held copies of all reports from specialists and who was able to track Vincent's overall



development and answer any questions or concerns I had. We saw her every six months and it was a chance to talk about his diet and temperament, how he was coping with life in general, as well as medical issues."

Phlebotomist - mums will often have a blood test or two during pregnancy, and our little prems need regular blood draws to check on levels of various drugs as well as bilirubin levels (if jaundice is an issue) and blood gasses. Blood tests are also done to check for infections.

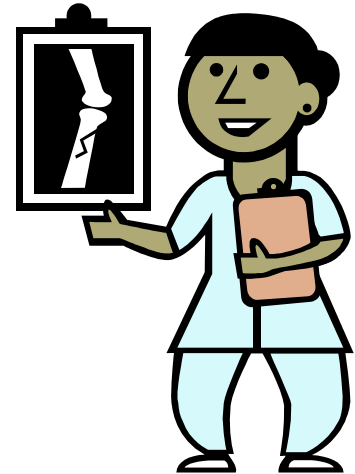
"'blood vampires' for various tests from antenatal check ups for mum to blood gases etc for Sophie while an inpatient".

Physiotherapist - Physios look at physical function and can help with physical weaknesses or difficulties.

"Michael had physio in hospital to help him clear his lungs, it consisted of the physio very gently tapping his back. Later on, when his low muscle tone became evident, a physio showed us exercises to strengthen his back muscles to help him sit, and later to assist him to move from sitting to crawling".

Pulmonologist - this specialist looks after lung problems. If your child requires oxygen once s/he leaves hospital, or has other ongoing breathing or lung problems, they may be under the care of a pulmonologist.

Radiographer - takes x-rays. Your child may need x-rays for many reasons, both during their hospital stay and later. X-rays of the lungs show if there is fluid or infection present, and can be crucial in treating the correct problem quickly. As your child grows up, they may need x-rays to diagnose the almost inevitable fractured limb received during childhood!



"She had chest x-rays in hospital - sometimes twice daily when very sick."

Research Assistants - much research on various procedures, treatments and drugs is conducted in hospitals. You may be approached to have your child enrolled in such a study (or studies). Whether or not your child takes part is entirely up to you, and if you do agree but later change your mind, you can withdraw permission at any time. Some people like to "help" those that will follow by allowing their child to participate. Others agree because they are interested in the ongoing assessments for their child that may result as being a part of the study. Often your child will benefit from treatments or improvements in procedures that were researched in earlier studies.

"the DINO study involved follow up assessments and phone calls".

Social Worker - you will usually encounter the hospital worker at least once during your baby's stay. The Social Worker can help you with practical concerns such as finding accommodation if your home is a long way from

Who's Who in the NICU and beyond...(Cont)

the hospital, as well as being someone to talk to about everything that has happened to you and your baby. Often prem babies have arrived unexpectedly and may be medically fragile for a long time, it can help enormously to have someone to talk to.

Speech Pathologist or Speech Therapist - as well as helping children with speech difficulties, "speechies" are often involved with children who are having feeding difficulties. Prems may have trouble in both these areas, so you may have a long relationship with your speech therapist.

Ultrasonographer - The very first glimpse of your baby is often during an ultrasound in the early stages of pregnancy. Some doctors do them at a first appt to help clarify dates, some mothers will have one around the 12 week mark to check for the likelihood of abnormalities, many mothers will have one around the 18 –20 week mark to check on the growth and development of the baby. If your pregnancy has any complications or is a twin or triplet (or more)




pregnancy, you will often have more than this. Placenta praevia may be noted at early ultrasounds and will be checked again later to see if it is still a problem. Premature babies also have

ultrasounds to check on various organs. An ultrasound of the brain will determine if your baby has had any bleeding in this area and the extent of it. There will usually be a follow up scan within a week or so to see if there are any changes.

Although everyone hopes that their premature baby won't need to meet any of these people, it is wonderful to know that there are so many specialists and therapists to help our babies and children to grow, and achieve all that they can.

Kirsten



feeding • swallowing • head & neck clinic • education • research

the pero clinic treats people with feeding or swallowing problems, offers professional development about swallowing disorders (dysphagia), and is a centre for research on swallowing assessment and rehabilitation

A swallowing disorder (dysphagia) can affect anyone from premature babies through to the elderly.

Symptoms may include:

- Difficulty sucking during breast or bottle feeding
- Feeling that food or liquid is 'stuck' in the throat
- Long meal times or eats slowly
- Irritability or sleepiness during feeding
- Avoiding certain foods
- Unplanned weight loss
- Too much or not enough saliva
- Frequent throat clearing
- Constant chest infections
- Changes in eating patterns ... avoiding social occasions

The pero clinic is a specialist clinic for individuals (infants, children and adults) with feeding or swallowing problems. It is a professional development facility with up-to-date information on swallowing assessment, rehabilitation and research. The pero clinic is also a centre for research on swallowing assessment and rehabilitation.

www.theperoclinic.com.au

Millie's Story

Millie was born at 30 weeks and was ventilated as well as suffering from 2 pneumothorax. She was extremely determined and came home at 8 weeks old (38 weeks). She was slow to get moving and crawled at around 20 months and walked at just over 2 years. My instincts were that there was a problem and we saw many specialists over the time to get some help.

Responses ranged from being told to stop carrying her to wanting major testing done.

...we saw many specialists over the time to get some help

Finally a physio I saw thru the MCH nurse suggested I look at the possibility of Cerebral Palsy and a Paed diagnosed this when she was 2 and a half. We then got on the treadmill of physios/ots/paedes etc and it took around a year before we found the specialists that we felt comfortable with. Noahs Ark Toy Library was a fantastic resource for us as well as having wonderful physio and support services. We were lucky to meet Prof Kerr Graham who discovered the CP and Botox links and were able to be a part of the first trials. Our orthotic maker David was amazing and always got things right. We hold Prof Graham very close to our hearts and remember many of the other 'passing' specialists fondly also. A paediatrician we have had for our last 2 children (34 and 32 weekers) is an amazing man who I would and did trust with my babies lives. He can be so involved with the baby that he appears abrupt at times, but he is a man that we hold in

very high regard. Our Maternal Child Health nurse is also a specialist we feel very grateful to. In the anxious weighing days of 5

There are amazing people in the world who dedicate their lives to helping prems

premmies she has been the most sensible, reassuring person to be around. NETS are also a group that has an amazing job to do. When my last baby was brought

back to the local hospital from Melbourne they were kind enough to stop in our small town on the way for family to see her. I would suggest that if you are not happy with a specialist keep looking around until you find someone you trust. There are amazing people in the world who dedicate their lives to helping prems be in the world - thank you to them all from a mum of 5 premmies.

Amanda



Millie, born at 30 weeks, now 14 years old

Donations

Austprem Inc. is a non-profit organisation with no on-going funding.

If you would like to make a donation to Austprem Inc., please send your cheque or money order to:

Austprem Inc.
P.O. Box 2157
Sunbury VIC 3429

Please include your name and address so that a receipt can be posted to you.

Donations \$2 and over are tax deductible.

Your support is greatly appreciated.

Website Reviews

<http://www.pathwaysawareness.org/>

The Pathways Awareness Foundation is a US based not-for-profit organization. The website includes a wonderful "growth and development chart" which shows typical speech, play and physical development from 3 - 15 months, as well as signs to watch for with physical development.

<http://www.bobath.org.uk/>

The Bobath Centre is a UK charity helping children with Cerebral Palsy. Its website gives information on the "Bobath Concept" which is a specific way of helping those with CP. For more information on therapy helping those with CP and developmental delays, based on Bobath principles in Australia, see

<http://www.abndta.asn.au/>

Book Reviews

What's going on in there? : how the brain and mind develop in the first five years of life

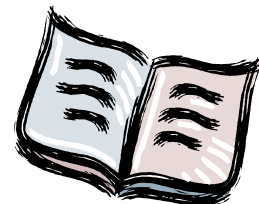
by Lisa Eliot

An interesting book looking at infant and early childhood brain development, written by a neuroscientist (who is also a mother of three). The book can be technical in places, but is fairly easy to read and contains many anecdotes as well as information. Chapters touch on subjects such as "How birth affects the brain", "The importance of Touch", as well as on food preference development, hearing, motor milestones, social emotional growth, memory, language and sex differences in intellectual development.

Why motor skills matter : improve your child's physical development to enhance learning and self-esteem

by Tara Losquadro Liddle

This great book looks at many aspects of a child's physical development, beginning with the sensory system, following through from the newborn to the end of baby's first year, including sensory activities for the different age groups. Oral-motor development is also looked at. A section on children from 1 - 5 years follows, again including appropriate developmental activities. There is also a chapter on "Appreciating Prematurity", which looks at positioning, tactile, visual, auditory, vestibular and proprioceptive inputs as well as olfactory and oral-motor inputs.



Joining Austprem

Austprem is an Internet based support group.

To join Austprem Inc., you will need to go to

<http://www.austprem.org.au/join.html>

and fill out the online membership form.

To access the online forums and chats

(where most of the Austprem "action" happens),

you will also need to follow the steps at

<http://www.austprem.org.au/forums.html>

to register with mc2 and subscribe to an

Austprem group.

Join now - it is a great opportunity to share with others who have "been there" and who can understand your experiences

Membership is FREE!

Any information provided to Austprem is held in confidence and will not be used for any other purpose or given out to any third party without your permission.

Supporting Austprem!

Austprem receives no ongoing funding from any source, and so relies on donations and fundraising to provide revenue so we can continue to offer support and services to families of prems.

For a while now we have been promoting the "You Name It Labels" fundraiser, and we thank you for the many orders which have been placed. Keep them coming!

I am pleased to announce that Austprem has put in place a further fundraiser with Toys and More! Toys and More are an online toy store offering some great deals and fantastic service. Austprem Inc. will receive credits to the value of 20% of any order you make! Just order the toys you would like, and at Step 5 simply type in Austprem, Sunbury, VIC as the fundraising recipient. Anyone can nominate Austprem as a fundraising recipient. The credits we receive will be used to purchase supplies for the Playgroups as they grow, or to purchase items to offer as prizes for future competitions.

Funds raised through Austprem's sales of *Parenting Your Premature Baby and Child: The Emotional Journey* will also help to support Austprem's programmes.

Austprem thanks you for your ongoing support.

Toys and More

Order your toys online, get great products, delivery to your door and support Austprem too!

Simply nominate Austprem, Sunbury, VIC as the fundraising recipient at Step 5 when you order.

<http://www.toysandmore.com.au>

▲ Use Toys and More for Christmas and Birthday gifts.

Your friends and family may like to support Austprem this way too!



Great Gift Idea!

Pass the code onto your family and friends - anyone may use it!



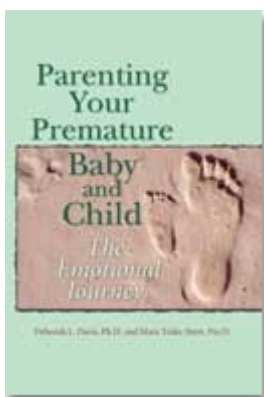
You Name It Labels Fundraiser

- purchase address labels, stick on and iron on name labels for clothing, bottles, snack boxes etc, and heaps of other stuff, and support Austprem too!

Order at <http://www.younameitlabels.com> using our code **aiv0603** (all lower case, no spaces).

More details from

http://www.austprem.org.au/promotion/you_name_it_fundraising.html

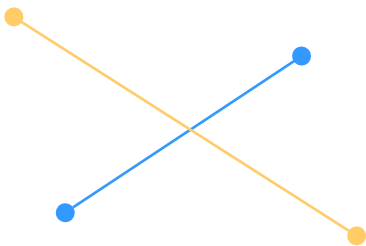


▲ We still have some copies available if you are interested! Just \$44.95! (Including delivery to your door). For a review of this title, check out the Feb 2005 Austprem Ink. To order your copy, please email austprem@austprem.org.au or visit <http://www.austprem.org.au/promotion/support.html>

Prematurity in the Press

This Austprem group is an online forum where summaries/abstracts of articles in journals, print/online media and book reviews etc that feature issues about prematurity will be posted. Where possible links to the full text of the article will also be included, but this depends on the availability of the article and Copyright. This group will be a semi-public group, non-members will be able to read forum, but only members can post articles to the group and join in any subsequent discussions.

For information on joining see <http://www.austprem.org.au/pip.html>



Chats

Chats are a great way to get to know other members better. They are usually held on Thursday (not in January) and Sunday nights from about 9pm (Eastern Time) and on Friday mornings. A reminder is usually posted to the Austprem Forum the day before a chat, so check there for the exact time. The chats are held in the Austprem Chat Room on the mc2 site, so only Austprem members are able to attend.

"You can turn up in your pj's and you don't need a babysitter"

Chats are very informal - you can turn up in your pj's (who's going to know?) and you don't need a babysitter. But you can still receive great support and understanding from other parents, or just have a social chat - a bonus if you have been isolated at home all day.

Your Austprem Committee

President	Leanne Uwland
Vice President	Catrin Pitt
Secretary	Kirsten Burkitt
Treasurer	Leanne Uwland
Media/Promotions Officer	Amanda Lonergan
Chat Host Co-Ordinator	Nadine Jones
NSW/ACT State Rep	Nadine Jones
QLD State Rep	Catrin Pitt
SA/NT State Rep	Lisa Reid
VIC State Rep	Rebekah Andrae
Bendigo Regional Rep	Amanda Lonergan

Contacting the Committee

If you need to contact any of the Committee, please email them by clicking on their name in the Members list of the mc2 group, or send an email to

austprem@austprem.org.au
and it will be forwarded to the appropriate person.

Your support
helps Austprem Inc.
to grow and improve.

Pregnancy Support Group

<http://www.austprem.org.au/psg.html>

The Austprem – Pregnancy Support Group has been set up for those who are contemplating or experiencing a pregnancy following a preterm birth, and for those at risk of giving birth prematurely.

Everyone is welcome to join Austprem – Pregnancy Support Group. You might be pregnant again, you might just be thinking about another pregnancy or you might have already completed a

subsequent pregnancy and want to support someone else who is just starting on the journey. Sharing your thoughts and experiences might just help another mother, and support is what Austprem is all about.

You can find information about joining Austprem – Pregnancy Support Group at the web address above.

Happy Birthday wishes to:

December

1 Jessinda (3)
2 Max (15)
2 Matthew (1)
3 Christopher (9)
5 Sophie (1)
6 Rhiannon (8)
6 Rebekah (6)
6 Brock (2)
9 Xavier (8)
9 Annabelle (4)
9 Sam (1)
9 Lea (1)
10 Coen (6)
10 Zoe (2)
11 Connor (7)
11 Zali (1)
12 Olivia (2)
12 Isaac (2)
15 Matthew (2)
16 Jess (17)
17 Hannah (8)
18 Tanika (9)
18 Tyson (9)
18 Corey (9)
19 Chloe (1)
20 Daniel (13)
20 Renee (13)
20 Lottie (1)
21 Elaina (4)
22 Layla (6)
22 Brandon (1)
24 Emma (1)
24 Brandon (1)
24 William (1)
25 Olivia (5)
26 Brianna (1)
28 Jack (4)
29 Liam (8)
29 Morgan (3)
29 Matthew (1)

2 Leonie (7)
3 Brooke (6)
3 Charlotte (3)
5 Toby (1)
6 Archisha (1)
6 Paige (1)
7 Dylan (3)
8 Caleb (8)
8 Zeth (4)
10 Enrico (1)
11 Alesya (3)
11 Mackenzie (3)
11 Devlyn (2)
11 Amber (1)
11 Byron (1)
12 Connor (6)
12 Julian (1)
13 Kade (3)
14 Wisaal (4)
14 Bobby (1)
14 William (1)
15 Kaitlyn (12)
15 Timothy (5)
17 Beauden (1)
21 Harry (1)
21 Madeleine (1)
24 Campbell (2)
24 Tayah (1)
25 Sharon (5)
25 Benjamin (1)
25 Elise (1)
26 Chloe (3)
26 Nathan (2)
27 Cooper (1)
29 Savanah (2)
29 Aidan (2)
30 Kyle (5)
31 Jaryd (1)

February

1 Ellandi (7)
1 Jack (5)
1 Kaihdyn (3)
2 Blair (7)
2 Thomas (1)
2 Thomas (1)
3 Dylan (5)
3 Elizabeth (5)
3 Lee (3)
3 Tyler (2)
3 Isabella (1)
4 Jessica (14)
4 Marcus (2)
4 Lachlan (1)
5 Sophia (2)
6 Lily-Jai (1)
7 Courtney (16)
7 Jethro (1)
8 Alexander (1)
9 Yolanda (12)
11 Bailey (8)
11 Zac (8)
11 Hannah (2)
12 Alexander (4)
13 Chloe (8)
14 Zoe (4)
14 Heather (3)
14 Jayde (2)
14 Lauren (2)
14 Ryan (2)
14 Abigail (1)
16 Joshua (5)
16 Samara (1)
16 Kate (1)
16 Kyle (1)
16 Zackery (2)
17 Victoria (4)
19 Xander (2)
20 Therese (5)
20 Jacob (5)
21 Joseph (11)
21 Connor (6)
21 Iman (1)
23 Nathan (3)
24 Caitlin (8)
25 Jakson (2)
26 Thomas (7)
29 Declan (2)

March

1 Hani (8)
1 Cooper (3)
1 Alexandra (3)
2 Jarrod (7)
2 Amber (2)
2 Brianna (2)
3 Mikaela (9)
3 Jaiden (4)
3 Hannah (4)
5 Mitchell (6)
5 Chloe (2)
6 Jaxon (3)
7 Dakotah (2)
7 Isabella (1)
9 Sophie (2)
9 Talan (1)
9 Amanda (1)
11 Dana (6)
11 Braedon (4)
13 Isabella (4)
14 Antonio (7)
15 Ariana (3)
16 Bryce (7)
16 Max (1)
18 Sienna (1)
19 Molly (2)
20 Talei (15)
20 Laine (5)
21 Sarah (1)
21 Ryan (1)
22 Adem (1)
23 Jack (2)
26 Andrew (12)
26 Megan (6)
26 Haiden (5)
27 Perry (4)
27 Emily (3)
27 Jasmine (3)
29 Kyle (6)
29 Isabel (1)
30 Parker (3)
20 Isabella (3)
20 Alessandro (2)
31 Zachary (11)
31 Bindi-Lee (2)

April

4 Amy (1)
5 Jimi (4)
6 Matthew (1)
7 Kate (7)
7 Breanna (5)
7 Koji (3)
7 Naomi (2)
7 Saffron (1)
8 Jonty (6)
10 Nathan (2)
10 Jack (2)
12 Mya (3)
12 Eva (2)
13 Tayla (10)
13 Jessie (10)
13 Jack (2)
13 Jack (1)
14 Marlee (6)
14 Keegan (1)
15 Maddison (4)
15 Maddison (1)
16 Lochlan (1)
17 Bradley (13)
17 Olivia (1)
18 Tarkyn (1)
19 Millie (15)
19 Deegan (4)
19 Emily (1)
20 Bayley (5)
20 Lachlan (5)
20 Liam (3)
22 Rick (6)
22 Emma (2)
23 Noah (2)
24 Isobel (2)
25 Logan (3)
26 Brianna (2)
26 Lara (1)
27 Jessica (6)
27 Declan (2)
27 Siobhan (2)
28 Caleb (6)
28 Tyson (1)
28 Cooper (1)
29 Maddison (11)
29 Tyson (2)

May

1 Aimee (6)
2 Samuel (1)
3 Joshua (5)
5 Karissa (12)
5 Sophie (10)
5 Charlie (4)
5 Oscar (4)
6 Sarah (7)
8 Georgie (8)
8 Zara (3)
9 Courtney (6)
9 Grace (1)
9 Jasmine (1)
10 Kristal (8)
10 Cooper (3)
10 Jack (1)
11 Ben (6)
11 Marshall (2)
12 Jackson (2)
12 Cohen (1)
13 Jack (6)
15 Abigail (2)
16 Connor (1)
17 Faith (2)
17 Noah (2)
17 Sasha-Honey (2)
18 Ruby (2)
19 Samantha (10)
19 Matthew (10)
19 Nathan (2)
20 Sian (9)
20 Bella (5)
20 Lachlan (3)
20 Kathryn (3)
20 Emily (2)
20 Haroop (1)
21 Ethan (4)
21 Joe (4)
22 Janarra (10)
23 Jordan (4)
23 Jack (3)
24 Aaron (8)
24 Rebecca (1)
25 Brayden (2)
25 Joshua (1)
26 James (8)
26 Brooke (1)
27 Natalie (2)
29 Jeremiah (4)
29 Madison (2)
29 Tammin (2)
30 Sarah (6)
31 Jack (10)
31 Alexander (5)
31 Tahlia (5)

Our Angels

Nicholas born 13/12/2000
Liljana born 26/1/2004
Molly born 2/2/2005
Kyle born 3/2/2003
James born 7/2/1997
Edan born 16/2/1999
Matthew born 16/2/2001
Liam born 22/2/2004
Aiden born 22/2/2004
Georgia born 1/3/2005
Nikolas born 5/5/2005



If you would like your children (full term and prem) added to the Birthdays page at <http://www.austprem.org.au/journey/superheroes/birthdays.html> or to be listed in the Newsletter, please email kirsten@austprem.org.au





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